

# After Arrival in the UK

**Guide for Hosts and Ukrainian Guests** 



### After Arrival in the UK

Once your Ukrainian family / Individual has arrived in the UK and have hopefully settled in, it is time to help "enrolling" them in the system and supporting them with setting up next steps:

The UK Government has issued a guide document for Ukrainians, which holds a vast amount of information. It is available in

#### **English**

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/1064315/Ukraine\_Welcome\_Guidance.pdf

#### **And Ukrainain:**

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\_data/file/1066799/Ukraine\_Welcome\_Pack\_and\_Beneficiary\_Guidance\_- UK.pdf

The Red Cross has also issued the following leaflet for Ukrainians arriving the UK:

https://www.redcross.org.uk/-/media/documents/get-help-as-a-refugee/ukraine/information-leaflet-for-ukrainians-arriving-in-the-uk.pdf





Reset Communities and Refugees - The UK's Community Sponsorship Hub • Reset Communities and Refugees (resetuk.org)

Helping your guests explore the local area is a key activity. At a minimum, we suggest showing:

- Local shops both supermarkets and local shops. Talk through how you get best value for money (e.g.,
  Waitrose/Booths vs Asda/Aldi/Lidl), any customs (e.g., using self-service checks outs and avoiding the carrier bag
  charge). It may be that the newcomers wish to access culturally appropriate food and products if you don't know
  where these shops are locally, now's the time to find out! The cost of produce in the UK might come a surprise; so
  being ready to talk through budget saving tips can be helpful.
- Organise a town or city tour, this will help you to find out what is important and of interest to the newcomers, and from this you can build the rest of your support. Keep in mind that asking, 'what would you like to do?' isn't helpful, as the newcomers won't know what there is to do locally. Don't forget that simply going out for a coffee and chatting is a fantastic way to get to know people.
- Community services places of worship, community centres, local leisure activities, healthcare centres, libraries, and banks. Don't forget to ask what interests the newcomers have they might like to share.
- Keep in mind that your guests are likely to be on a low income initially; keep the activities you invite them to free or low-cost.



### After Arrival in the UK

#### **Welcome Funds for Ukrainains**

You as hosts will be receiving a GBP350/ per month hosted "thank you payment" which will be paid backdated to the main sponsor

#### **Biometric Residence Permit:**

For those Ukrainains that enter the UK on an international passport it is necessary to attend a Biometric Appointment and extend their Visa from the initial 6 months granted at arrival to the total 3 years. <a href="https://apply.visas-immigration.service.gov.uk/product/ukraine-scheme-brp">https://apply.visas-immigration.service.gov.uk/product/ukraine-scheme-brp</a>

At the end they will be issued a Biometric Residence Permit, which legalises their status in the UK and shows how long they may stay in the UK. For travel outside of the UK it will allow the Ukrainian Guests smooth entry back into the UK.

Those guests that have already had their Biometrics taken at a Visa Application Centre should receive a BRP through the post. This will have been entered in the Visa Application Form already.

Register to services

1. Register them with a GP: This will give your refugees an official document which shows their address, which will be useful

when opening bank accounts & applying for Universal Credit etc. It also allows the Ukrainain

Guests to access health care immediately if needed

2. Open a UK bank account Various UK banks have stated that they will support Ukrainians in opening bank accounts.

Below is a non exhaustive list of UK (online / Highstreet) banks that are offering support

https://media.refugeecouncil.org.uk/wp-content/uploads/2020/11/05142710/Banking-Guide-for-Refugees-English.pdf

https://monzo.com/blog/2018/05/30/getting-bank-account-refugee

https://www.natwest.com/ukraine-refugees.html

https://www.revolut.com/en-US/help/more/support-for-ukrainian-refugees/how-can-i-open-an-account-as-a-ukrainian-refugee

https://www.rbs.co.uk/ukraine-refugees.html



# Register to services

3. UK Sim Card

Several Phone providers are offering free UK Sim cards to Ukrainian Refugees. Some of the offers are limited but at time of writing the following are available

https://3g.co.uk/news/three-has-rolled-out-a-support-package-for-ukrainian-refugees

https://www.vodafone.com/news/inclusion/vodafone-refugee-response-ukraine-crisis

https://www.refugease.org/vodafone-sim

4. Universal Credit

Note that to apply the Ukrainian Guests will need to have proof of Identtiy (International

Passport) as well as UK

Bank Details. It may be opportune to ensure you apply for a bank account first.

Note that Universal Credit payments will take ~ 5 weeks to be paid out once applied for, so it is wise to kick this off asap. Apply for Universal Credit - GOV.UK (www.gov.uk)

5. National Insurance Number

Apply for a National Insurance number - GOV.UK (www.gov.uk)





**School Application** 

Find your local council - GOV.UK (www.gov.uk)

School admissions: Admission criteria - GOV.UK (www.gov.uk)

Moseley for Ukraine is engaging with local schools and will be updating hosts

Nursery GOV.UK Childcare Choices | 30 Hours Free Childcare, Tax-Free Childcare and More | Help with Costs |

Higher Education

https://intranet.birmingham.ac.uk/student/news/public/winter-2022/message-from-the-vice-

chancellor-situation-in-ukraine.aspx

**English Lessons** 

If your Ukrainain Guests are 19 or over, they will be able to access adult eduction, including English for speakers of other languages (ESOL).

Moseley for Ukraine will be helping organise ESOL classes @ The Hive, Moseley

Moseley Hive - Home | Facebook

# Accessing Nurseries Schools, Universities, Jobs



Careers

Moseley for Ukraine will be working with local organisations to help with job opportunites but the UK Gov Guideline for Ukrainians (page 1 of this document) has a number of websites listed that will be useful for Ukrainians to access

**Ukranian TV** 

if you open a new profile on your netflix account (if available) you can chose Ukrainian subtitles for that specific profile.

Also this link provides access to live Ukrainian TV <a href="https://vipotv.com/live-tv/ukrainian/">https://vipotv.com/live-tv/ukrainian/</a>

The below Guide for Councils contains a lot of information already included in the Guide for Ukrainians but may have some additional useful information for hosts and guests to access: <a href="https://www.gov.uk/guidance/homes-for-ukraine-guidance-for-councils">https://www.gov.uk/guidance/homes-for-ukraine-guidance-for-councils</a>





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# **Events @ Moseley Hive**







## **Food**

Foods that your Guests may enjoy
From Ukrainian Chef @oliahercules (Instagram)

The Polish shop in Birmingham should be a good source

19:56 **OLIAHERCULES** Follow Posts oliahercules Dear friends! Some of you have emailed saying that you have Ukrainian families arriving (what excellent news!) you have asked for a list of ingredients that will make them feel welcomed and comforted. Here is a season-appropriate list. Will give a new one when the season changes. Please feel free to add to my list in comments if I missed anything. And do share #cookforukraine #cookforukrainecomfortingredients Fresh Dill (a lot of it) Full-fat creme fraiche, sour cream or yogurt (big tub) Beetroot **Potatoes** Cabbage Carrots Onions Garlic Spring onions Unrefined sunflower oil (@clearspringuk do it) Tinned tomatoes Good honey Sauerkraut Fermented cucumbers Twarog cheese (Polish shop) Toasted Buckwheat (Polish shop) Good rve bread (especially with coriander and caraway seeds) @karawaybakery is Some fluffy white bread or sourdough Good butter Emmental or gauda cheese Basmati rice Mushrooms (fresh & dry) Some mince (pork and beef) Good chicken

Chipolata or other plain sausages

19:56





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Follow

Twarog cheese (Polish shop)

Toasted Buckwheat (Polish shop)

Good rye bread (especially with coriander and

caraway seeds) @karawaybakery is 🦠

Some fluffy white bread or sourdough

Good butter

Emmental or gauda cheese

Basmati rice

Mushrooms (fresh & dry)

Some mince (pork and beef)

Good chicken

Chipolata or other plain sausages

Kabanas sausages @swaledalebutchers

Lardo, pancetta or streaky bacon

Red kidney beans

Frozen sour cherries

Camomile tea

**Apples** 

Clementines

Lemons (Ukrainians have black tea with a slice of

lemon, not milk)

Apricot jam/preserve

Raspberry jam

Some English biscuits:)

Good vanilla custard

Kefir or ryazhanka (baked milk yogurt)

White flour

Eggs

Full fat milk

Poppy seeds

Sunflower seeds

Pumpkin seeds

Frozen varenyky or pierogi dumplings (Polish shop)

In terms of puddings - I am sure kids would adore a

Victoria sponge or something similar













# **Contact**

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www.moseleyforukraine.org